

Langafel Church of England Primary School

PE Curriculum Map 2023/24



	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
EYFS	Introduction to PE 1 Dance Unit 1 Forest School	Dance Unit 2 Introduction to PE 2 Forest School	Gymnastics Unit 1 Fundamentals Unit 1 Forest School	Games Unit 1 Gymnastics Unit 2 Forest School	Games Unit 2 Ball Skills Unit 1 Forest School	Ball Skills Unit 2 Sports Day Practice Forest School
Year 1/2	Team Building Fundamentals	Dance Yoga	Gymnastics Ball Skills Weekly Swimming for Year 2	Net and Wall Games Invasion Games Weekly Swimming for Year 2	Fitness Striking and Fielding Games Weekly Swimming for Year 2	Athletics Sports Day Practice Weekly Swimming for Year 2

Year 3/4	Netball Gymnastics Weekly Swimming	Dance Cricket Weekly Swimming	Hockey Dodgeball Weekly Swimming	OAA (Outdoor Adventurous Activities) Tag Rugby Weekly Swimming	Rounders Athletics Weekly Swimming	Athletics Sports Day Practice Weekly Swimming
Year 5/6	OAA (Outdoor Adventurous Activities) Weekly Swimming	Dodgeball Gymnastics Weekly Swimming	Handball Dance Weekly Swimming	Netball Yoga Weekly Swimming	Tennis Swimming Weekly Swimming	Athletics Sports Day Practice Weekly Swimming