



Dartford Family Hubs

Timetable

3rd November - 12th December 2025

Our Family Hubs:

Dartford
03000 411049

Oakfield Lane,
Dartford
DA1 2SW

Swanscombe
03000 415600

Coopers Road,
Swanscombe
DA10 0BS
(Pedestrian access
only)

Knockhall
03000 419900

Abbey Road
Greenhithe
DA9 9HD

All of our groups
and services are
free to attend.

Monday

Tuesday

Wednesday

Thursday

Friday

Morning

Swanscombe Stay & Play 9.30-11.00am	Knockhall Child Health Clinic & Breastfeeding Support 9.30-11.30am	Dartford Baby Massage 10.00-11.00am
Dartford Talking Walk-ins 9.30-11.30am (11 th & 25 th Nov 9 th & 23 rd Dec)	Knockhall Stay & Play (SEND) 9.30-10.30am	Swanscombe Parenting Support & Advice Drop-in 10.00-12.00pm
Knockhall Stay & Play 9.30-11.00am	Dartford Baby Group 10.00-11.30am	
Knockhall Communication Tree 9.30-10.30am	Swanscombe Baby Massage 10.00-11.00am	Virtual Solihull Parenting Programme (From 20 th Nov) 10.00-12.00pm
Dartford Stay & Play 9.30-11.00am	Swanscombe Little Talkers 9.30-10.30am	

Afternoon

Swanscombe Baby Group 1.00-2.30pm	Dartford Communication Tree 1.30-2.30pm	Leigh Ebbsfleet Academy Compass 1.55-3.15pm
Swanscombe Drop-in Clinic 1.00-3.00pm Breastfeeding Support 1.00-2.45pm	Dartford Baby, Family and You 1.00-3.00pm	Knockhall Time to Shine 4.00-5.15pm
Knockhall Stay & Play 1.00-2.30pm	Swanscombe Baby, Family and You 1.00-3.00pm	
Dartford Stay & Play (SEND) 1.30-2.30pm	Knockhall Baby Group 1.00-2.30pm	Swanscombe Healing Together 4.00-5.00pm

Information



0 - 5
Years
Old

Stay & Play

This includes a variety of activities to support your child's learning and development with Bookstart. Messy activities will also be available for children to explore, we advise wearing old clothing.

Baby Group

For parents with babies who are not yet walking. This includes a variety of activities to support your babies learning and development as they reach key milestones such as rolling, sitting and crawling.

2 - 4
Years
Old

Talking Walk-ins

For families to bring their children to see a speech and language therapist without needing to complete a referral. This is a drop in session however there is a limited capacity. 2 - 4 years.

Requires
Booking

Healing Together

The Healing Together programme provides nurturing support for young people 8+ who are impacted by Domestic Abuse. The programme helps young people connect and learn how to keep their bodies and brains safe.

Requires
Booking

Baby Massage

4 week programme

Learn how to massage your baby and more about their development. Please contact Dartford Family Hub for booking information.

Requires
Booking

Communication Tree

4 Weekly sessions

This is aimed at families with 2-4 year olds with a social and communication delay.

Requires
Booking

Compass

This is a well being programme for young people, based on Dialectical Behaviour Therapy (DBT) skills. For young people 11-18 years (25 SEND). Requires booking.

Requires
Booking

Speak Out Youth Peer Mentor

This session aims to empower young people who are current or aspiring Youth Peer Mentors to co-design, deliver and evaluate youth-led initiatives.

Requires
Booking

Stay & Play (SEND)

This session is designed for children with Special Education Needs and Disabilities to support learning and development in a safe environment that will be adapted to their needs, this group will have reduced numbers to create a quieter space for the children. 0-5 years. requires booking.

Requires
Booking

Baby, Family and You

8 Sessions

New (0-12 months old) and expectant parents (due within 3 months of course). This is a combination of five group sessions and three individual consultations. You will be introduced to a range of strategies to help create a positive foundation for your baby.

Requires
Booking

Little Talkers

4 Weekly sessions

These sessions aim to support parents support their child and confidently use responsive interaction strategies where the child may have difficulty understanding, using language, weak attention skills or where their speech is unclear. 2+ years.

Requires
Booking

Time to Shine

This group is for neurodivergent children aged 7-11 to learn skills that teach independence, supporting building confidence, self esteem and encouraging outside school friendships with a range of activities creating a sensory sensitive environment to help children feel safe and regulated.

Requires
Booking

Solihull Parenting Programme

For parents and carers who would like to know more about sensitive and effective parenting, covering a range of topics. This includes parenting styles, sleep patterns, exploring feelings, communication and more.

Requires
Booking

Parenting Support & Advice Drop-in

For parents and carers to seek discussion, advice and signposting over a range of topics including child development, adolescent parenting, online safety, perinatal mental health and more.

Healthy Start Vitamins

Are you eligible for Healthy Start Vitamins?

If so, complete this form to order Healthy Start Vitamins to your door:



Free for 2

Some 2 year olds can get up to 15 hours of free childcare per week!

For more information and how to apply:



Useful Contact Numbers:

Health Visitor
0300 123 2075

Midwife
01322 428753

Please Note:

For Health and Safety reasons there are room capacity limits in place.

For more information about opening times give your local hub a call or email

Dartfordfh@kent.gov.uk

@DartfordFamilyHubs



@Dartfordfamilyhubs_



@Dartfordfamilyhubs11to19



www.kent.gov.uk/familyhub

Family Hub Sites are run by Kent County Council