

Family Thrive for Parents and Carers

A six-week course to introduce you to the fundamentals of Thrive and how it works in practice

Come on this course to find out about:

- the Thrive Approach
- how our brains develop
- how your right brain talks to your left brain!
- why play and creativity are so important to you and your child
- how to support your child at times of change and difficulty
- everyday trigger times and how to keep calm
- how to be a behaviour detective.



Where and when:

I now run this course as a series of three 2-hour 1:1 sessions, at a mutually convenient time for myself and parents. This means we can talk more specifically about you and your child/ren. I can also accommodate groups of family and/or friends.

Learn about the amazing growth of your child's brain through childhood and help support their emotional development.

To book your place or find out more:

The course is run by a Thrive-approved course leader who is an experienced licensed practitioner. It is suitable for you if your child attends a setting that embraces a whole setting approach to Thrive. To book your place or to find out more, please contact:

To find out more or to register your interest please contact me by email.

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To find out more about Thrive and other courses on offer, please visit:
www.thriveapproach.co.uk