

Term 3 Timetable 2023 – 2024

Seal Class



	Monday	Tuesday	Wednesday	Thursday	Friday
8.30 – 9.00	Talk Table	Registration, Zones of Regulation & Early Morning Work			
9.00 – 9.15	Sensory Circuits (Gym)				
9.15 – 10.25	English [Inc. SPAG & Handwriting]				
10.25 – 10.40	Playtime				
10.45 – 11.05	Worship				Golden Book
11.05 – 12.10	Maths	Times Table & Interventions	Maths	Times Table & Interventions	Maths
		Maths		Maths	
12.10 – 12.40	Lunchtime				
12.40 – 1.10	Playtime				
	Reading & Phonic Interventions [1.10 – 1.20]	P.E. [1.10 – 2.00]	Reading & Phonic Interventions [1.10 – 1.30]	Reading & Phonic Interventions [1.10 – 1.30]	Relaxation Mindfulness [1.10 – 1.15]
	Relaxation Mindfulness [1.20 – 1.25]	Relaxation Mindfulness [2.00 – 2.05]	BEAM [1.30 – 1.45]	BEAM [1.30 – 1.45]	Computing [1.15 – 1.55]
	Cooking [1.25 – 2.00]	PSHE [Inc. RSHE] [2.05 – 2.45]	Relaxation Mindfulness [1.45 – 1.50]	Relaxation Mindfulness [1.45 – 1.50]	Music [1.55 – 2.25]
	History / Geography [2.00 – 2.45]		Art and D.T. [1.50 – 2.45]	Science [1.50 – 2.45]	Seal Success Time [2.25 – 2.45]
2.45 – 2.55	Class Story & Collective Worship (Reflection)				
2.55 – 3.00	Transfer to Hall & Home				

*R.E. will be taught for one whole day, per term.

*SALT will take place on a Monday and a Thursday.