

YOUR MENU THIS WEEK

WEEK TWO

WEEK COMMENCING

06/11/2023 – 27/11/2023 – 08/01/2024 –
29/01/2024 – 19/02/2024 – 11/03/2024



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Veggie Enchilada (gluten) (vg)	Chicken Meatballs In tomato sauce with pasta (gluten)	Roast Gammon & Gravy	Chicken Curry with Rice (may contain gluten)	Battered Fish Fillet (fish, gluten)
MAIN MEAL TWO	French Bread Pizza (gluten, milk, may contain soya) (v)	Lentil Dhal with Rice (may contain gluten) (vg)	Meatfree Sausage with gravy (soya) (vg)	Mac n Cheese (gluten, milk) (v)	Cheese & Onion Pasty (gluten, milk)(v)
SIDES	Baked Half jacket, coleslaw (egg) peas, Homemade bread (gluten, milk, soya, may contain egg) Salad	Broccoli, Homemade bread (gluten, milk, soya, may contain egg) Salad	Roast potatoes carrots & cabbage Homemade bread (gluten, milk, soya, may contain egg) Salad	Sweetcorn, Tomato & garlic bread (gluten, milk, soya, may contain egg) Salad	Chips, Baked Beans, Peas, Homemade Bread (gluten, milk, soya, may contain egg) Salad
PUDDINGS	Iced Sponge (egg, gluten, milk, soya) (v)	Fruit Crumble (gluten) & custard (milk) (v)	Raspberry Mousse (milk) (v)	Vanilla Cake with Peaches (egg, gluten, milk, soya) (v)	Vanilla Cookie (gluten) (vg)

Available daily

Jacket potatoes with beans, cheese (milk), fresh fruit v – vegetarian vg – vegan

MENU IS SUBJECT TO CHANGE SHOULD INGREDIENTS BE UNAVAILABLE

