



Relationship and Sex Education Policy

School Policy

Reviewed: Nov 2017

Agreed By: Full Governing Body
Next Review: November 2018

Date: 20th November 2017

LANGAFEL CE PRIMARY SCHOOL

Relationship and Sex Education (RSE) Policy

Rationale

“All schools must have an up to date SRE policy which is made available for inspection and to parents. The policy must:

- Define sex and relationship education;
- Describe how sex and relationship education is provided and who is responsible for providing it;
- Say how sex and relationship education is monitored and evaluated;
- Include information about parents’ right to withdrawal; and
- Be reviewed regularly”

Sex and Relationship Education Guidance (DfEE 0116/2000)

Relationship and sex education (RSE) is lifelong learning about physical, sexual, moral and emotional development. It is about the understanding of the importance of stable and loving relationships, respect, love and care, for family life. It involves acquiring information, developing skills and forming positive beliefs, behaviours, values and attitudes.

Moral and Values Framework

Relationship and sex education will reflect the values of the PSHE and Citizenship programme. RSE will be taught in the context of relationships. In addition RSE will promote self- esteem and emotional health and well- being and help the children form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, school, work and in the community.

Aims

- To develop appropriate and informed understanding of how the human body functions.
- To encourage the exploration of feelings related to love, sexuality and responsibility.
- To develop skills in order to empower the children to make positive decisions about their health related behaviour.

The school will work towards these aims in partnership with parents.

Objectives

- To provide the knowledge and information to which all pupils are entitled.
- To raise pupils’ self- esteem and confidence, especially in their relationships with others.

- To help pupils understand their sexual feelings and behaviour, so they can lead fulfilling and enjoyable lives.
- To help pupils' develop skills (language, decision making, choice, assertiveness) and make the most of their abilities.
- To provide the confidence to be participating members of society and to value themselves and others.
- To help gain access to information and support.
- To develop skills for a healthier safer lifestyle.
- To respect and care for their bodies.
- To be prepared for puberty and adulthood.

The teaching programme for Relationship and Sex Education

Legal requirements

All schools must teach the following:

National Curriculum Science

Key Stage 1

- identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense.
- notice that animals, including humans, have offspring which grow into adults.
- describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene.
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Key Stage 2

- describe the life process of reproduction in some plants and animals.
- describe the changes as humans develop to old age.

Key Stage 1 & lower Key Stage 2:

Elements of RSE will be taught and discussed with the children through planned PSHE/SEAL activities and as incidental opportunities present themselves.

The main focus of these sessions will relate to their awareness of themselves, the relationships they share with friends and family, personal hygiene and safety and making healthy, informed decisions. These are the building blocks on which the rest of the RSE is based and are therefore a vital part of personal well-being and development.

Year 5:

- To provide reassurance that body changes, physical, emotional and social are normal and acceptable.
- To counter myths and misinformation and to examine opinions and encourage discussion.
- To inform the children of the changes that male and female bodies undergo during puberty.

- To recognise the emotional changes that occur during puberty and how these can affect their relationship with others.

Year 6:

- To understand how puberty is the preparation for adulthood (including making decisions about sexual relationships).
- To build on their knowledge of life cycles and learn about the basic biology of human reproduction including how babies are made.

Relationship and sex education should focus on the development of skills and attitudes not just the acquisition of knowledge.

Throughout both key stages any questions raised by the children will be answered by staff, with parental support, honestly and age appropriately.

Teaching and Learning

Mrs H Ashman is the designated teacher with responsibility for co-ordinating relationship and sex education.

As part of a whole school health education programme, relationship and sex education is addressed through many areas with particular emphasis on science and PSHE.

Relationship and sex education is taught by classroom teachers and if appropriate, outside visitors such as the school nurse.

A range of teaching methods which involve children's full participation are used to teach relationship and sex education. These include use of DVD, discussion and problem solving activities.

Relationship and sex education is usually delivered in single gender groups however they will get the opportunity to gain an understanding and awareness of issues related to both genders.

Pupils will be at different levels of maturity and have differing attitudes and feelings. Lessons should allow for this and enable all contributions to be valued and respected. The needs of pupils with SEN should be taken into account by the teacher who may need to provide different resources, activities or specific support to some pupils.

Equal Opportunities

The school's equal opportunities policy applies to RSE. Where appropriate, teaching materials and individual group activities reflect the cultural and ethnic diversity of British society. Pupils' religious

beliefs will be respected. Parents' wishes and guidance will be taken into account throughout the implementation of the RSE programme of work.

Monitoring and Evaluation

Monitoring is the responsibility of the Head teacher, linked Governor and teacher with responsibility for RSE.

The school will assess the effectiveness of the aims, content and methods in promoting students' learning through questionnaires/discussion with teachers and children and feedback from parents. The effectiveness of the RSE programme will be evaluated by assessing children's learning and implementing change if required.

Right of Withdrawal of Students from Relationship and Sex Education

Parents have the right to withdraw their child(ren) from all or part of the Relationship and Sex Education programme that is not included in the Programme of Study for the Science National Curriculum.

Any parent wishing to withdraw a child from the programme should inform the Headteacher in writing of their decision.

Nov 2017

PSHE Subject Leader: H. Ashman

Date of next review: June 2019